

**Application to live at Gault House**

Gault House, operated by Responsible Recovery LLC, is a family of people disabled by an addiction to drugs or alcohol who chooses to abide by self imposed rules to maintain a sober living environment which helps the members of this family overcome their addiction. Members of the Gault House family take responsibility for their own recovery from drug and alcohol addiction while having the safety of living in a structured, drug free and alcohol free sober living environment. Gault House is not a treatment facility, no counseling is provided. Clients not following our structures agree to leave immediately.

A relapse out of sobriety can be life threatening! Responsible Recovery reserves the right to insist that any person leave the property immediately without regard to any considerations such as time of day, transport, weather etc, taking with them all their personal property, without notice or refund of any monies paid, if that person, in the Gault House Management’s professional opinion, is: (1) under the influence of drugs or alcohol, (2) displaying violent or intimidating behavior or brings weapons/guns onto the property, (3) engaging in sexual acts, lewd acts or intimate behavior between clients (4) engages in theft or illegal activities (5) has any outstanding warrants or (6) receives three written warnings in 30 days. Responsible Recovery reserves the right to refuse service to any applicant and to no longer provide service to any Client.

By completing this application and paying the mandatory, non-refundable \$10 application fee (\$5 for returning clients), the applicant agrees to waive any and all tenant rights and they agree that they are applying to be a client of Responsible Recovery LLC sober living services and they agree to all of Responsible Recovery policies, rules and operating procedures. The applicant agrees that if they are asked to leave Gault House or they leave by their own decision there are NO REFUNDS of any monies paid.

Name Last: \_\_\_\_\_ First: \_\_\_\_\_ MI: \_\_\_\_\_

Cell Phone #: \_\_\_\_\_ Email: \_\_\_\_\_ Sex: Male / Female / Trans

DOB: \_\_\_\_\_ SS#: \_\_\_\_\_

Drivers License #: \_\_\_\_\_ State: \_\_\_\_ Photocopied: Yes / No Bicycle: Yes / No

Vehicle Make and Model: \_\_\_\_\_ License Plate #: \_\_\_\_\_

Transport (circle): Vehicle / Motorcycle / Bicycle / Skate Board / Other: \_\_\_\_\_

Drugs of Choice: \_\_\_\_\_ Last Date Used: \_\_\_\_\_

OD History: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relation: \_\_\_\_\_ Phone #: \_\_\_\_\_

Emergency Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Move in Date: \_\_\_\_\_ Referred by: \_\_\_\_\_

Employed?: Yes / No      Are you willing to find a job?      Yes / No

What type of work? \_\_\_\_\_

Employer: \_\_\_\_\_ How Long: \_\_\_\_\_ Position: \_\_\_\_\_

Supervisor: \_\_\_\_\_ Phone #: \_\_\_\_\_

Hours of Employment: From \_\_\_\_\_ To \_\_\_\_\_ Days: M T W Th F Sat Sun

Misdemeanors Yes / No What? \_\_\_\_\_

Felonies Yes / No What? \_\_\_\_\_

Probation/Parole Officer: \_\_\_\_\_ Phone #: \_\_\_\_\_

Are you bi-polar? Yes / No      Do you have Mental Health Conditions?: Yes / No      What?

1. \_\_\_\_\_

2. \_\_\_\_\_

Doctor's Name: \_\_\_\_\_ City: \_\_\_\_\_ Phone #: \_\_\_\_\_

Prescription Meds: 1. \_\_\_\_\_ 2. \_\_\_\_\_ 3. \_\_\_\_\_

Over the Counter Meds 4. \_\_\_\_\_ 5. \_\_\_\_\_ 6. \_\_\_\_\_

Previous Treatment Programs:	From	To
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1. \_\_\_\_\_

2. \_\_\_\_\_

Sponsor? Yes/ No Name: \_\_\_\_\_ Phone #: \_\_\_\_\_

I have read, understand and agree to all of Responsible Recovery's policies, rules and operating procedures.

Client's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

## References

Please include three personal or professional references who can attest to your general character and ability to live harmoniously with others in a group setting.

If you have lived in other Sober Living homes, please list their names, location, and the approximate dates you resided there.

1. Name \_\_\_\_\_

Relationship \_\_\_\_\_

Phone Number \_\_\_\_\_

2. Name \_\_\_\_\_

Relationship \_\_\_\_\_

Phone Number \_\_\_\_\_

3. Name \_\_\_\_\_

Relationship \_\_\_\_\_

Phone Number \_\_\_\_\_

### Prior Sober Living Environment Residency?

1. Name and Location: \_\_\_\_\_  
Dates of Residency: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

2. Name and Location: \_\_\_\_\_  
Dates of Residency: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

3. Name and Location: \_\_\_\_\_  
Dates of Residency: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

**Thank you for your application to join Gault House.  
Here is some information for you to become familiar with:**

## **Navy Showering Technique:**

All clients have agreed to use water sparingly, especially during showers, by using the "ON / OFF" showing technique known as the "Navy Shower" which consists of wetting yourself down and then turning the water OFF while soaping up, then turning the water back on to rinse off. This "ON / OFF" showing technique must also be used for applying conditioner. Anyone listening to a shower running would hear the water run for no more than two minutes before it was shut off.

## **What to bring with you?**

**Gault House is transitional housing and not a storage facility! Please be willing to get a storage unit if you become a long term resident and you collect stuff like most other people.**

**Please, only bring the following items:**

### **Things to bring with you:**

Bedding, sheets, blanket, pillow and bath towel  
Groceries, food for the first few days  
Toiletries / toothbrush & toothpaste / shampoo / shaving gear / soap etc.  
Washing soap for the laundry  
Payment for any fees that will be required before your entry.  
Quarters for the coin operated laundry  
Photo ID  
Any "AA / NA / 12-step / Recovery" literature,  
Pen and paper

### **Clothes:**

3 pair of short pants  
3 pair of long pants  
7 shirts  
7 pair of socks  
7 underpants  
1 pair of formal shoes / boots  
1 pair of tennis shoes / trainers  
1 pair of slippers / flip-flops  
1 warm jacket  
1 set of formal clothes

### **Optional:**

Cell phone, iPad, Laptop, bicycle, vehicle (street parking only).

### **Not permitted:**

Desktop computers, printers/photocopiers/faxes, xbox/game consoles, TV's  
Electrical appliances, tools, equipment, furniture  
Mouth wash, alcohol, drugs, paraphernalia or weapons

**220 Gault St, Santa Cruz, Ca 95062**

**[www.responsiblerecovery.net](http://www.responsiblerecovery.net)**

**831-818-1186**

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Here is some information for you to become familiar with:**

# Daily Timeline:

- Before 6am ..... Silence, people are sleeping, if you have to get up for work or other reasons, you must NOT disturb other people.
- After 6am ..... Quiet please, when moving around, using the kitchen or bathroom
- 8am ..... Kitchen open, laundry open, time to get up, make your bed and do your chores, TV allowed
- 10am ..... Beds made, chores done, appropriate dress (no pajamas)  
Non-workers must leave the house from 10am-2pm, Mon-Fri
- 2pm ..... Non-workers can return to the house,
- 5pm (2<sup>nd</sup> Sunday).... Double Scrub/ deep cleaning, Mandatory, no passes provided!
- 6pm Sunday ..... House meeting ... Mandatory!
  
- 8pm ..... Laundry closes, no more washing or drying clothes.  
No loud conversations or car noise outside in the yard or street that might disturb the neighbors.
- 10pm ..... Kitchen closed, no showering, no using appliances or cooking.  
Quiet time inside the property, use headphones, no banging around, people are getting ready to sleep.  
Go to bed and sleep so you can get up between 6-8 tomorrow and have a productive day
- 11pm ..... Curfew, no TV after curfew, go to bed and sleep so you can get up between 6-8am tomorrow and have a productive day.

Gault House is a home for people who work. If you are not doing 20 or more hours of paid employment, you must leave the house from 10am-2pm Monday through Friday. We do not allow un-employed clients to lounge around the house all day.

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**Clarification on Gault House's Job Requirements**

To provide clients with clarity on the exact nature of our requirements, the following guidelines should assist you in finding appropriate outside work/ scheduling for the structure of our house.

- Jobs should not be under 20 hours per week or over 50 hours per week. Clients who work more than 50 hours per week will receive written warnings to reduce their work hours and be encouraged to develop interests outside of work.
- These hours should be spread out in semi-regular intervals rather than large blocks. For example, for a 24 hour weekly schedule, they should not come in two 12 hour shifts for a total of 24 hours but rather four 6 hour shifts or similar.
- You should not be working for or by yourself, but within a hierarchy with at least a manager/ direct supervisor and potentially other co-workers, depending on the type of work being done. Working from home, ie using Gault House as your business space, is not allowed.
- We consider casual study at a community college to be "dangerous play". Most people at community college are not in recovery. There are many parties and significant social pressure to be liked. We believe that this combination of social interactions, personal relationships and peer pressures are not helpful to an individual in recovery.
- Graveyard shifts, while they formerly could technically be done up to 3 nights per week using the weekly passes, are an abuse of the pass system in the opinion of Management and will not be tolerated on a frequent or continuous basis.

The ideal job would be one on a job site or in a store, warehouse or office with direct Management and coworkers of approximately equal status to yourself. The schedule would start sometime between the hours of 6am and 12pm, and end between the hours of 2pm and 8pm, 4-6 days a week.

These guidelines help to establish a layered system of accountability, whereby you are accountable not only to the house and your sponsor, but also to your supervisor and co-workers. The ideal schedule is designed to help you keep to a regular routine rather than have large periods of free time, which can be dangerous particularly early in recovery.

Any job or schedule other than a fairly close approximation (at the sole judgment of Management) to the suggested guidelines above is not to the spirit of Gault House rules and will not satisfy our requirements.

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